

# **The Zirbel Resource Guide to Dutchess County Behavioral and Community Health**

## **HOTLINES**

**HELPLINE 845-485-9700**

**MHA Dutchess County 845-473-2500**

**Mobile Crisis/Diversion Team 845-486-2887**

**United Way 211**

## **AUTISM**

### **Autism Society Hudson Valley**

30 Denver Rd Kingston

845-331-2626

hvalleyautism2@gmail.com

### **Center for Diagnostic/Consultation Services**

70 Kukuk Lane Kingston

845-336-2616

### **Greystone Programs**

36 Violet Ave Poughkeepsie

845-452-5772 x129

cobrien-edwards@greystoneprograms.org

## **BLIND OR VISUALLY IMPAIRED**

### **Catholic Charities**

218 Church St Poughkeepsie

845-452-1400

### **Division of Veterans' Services**

85 Civic Center Plaza, Ste 105 Poughkeepsie

845-486-2060

## **CLOTHING NEEDS**

### **Bealuh Baptist Church**

92 Catherine Street Poughkeepsie

845-473-1662

**Care Net Pregnancy Center**

226 Church St Poughkeepsie

845-471-9284

**Dutchess Outreach**

29 N Hamilton St Poughkeepsie

845-454-3792

**Goodwill**

1488 Route 9 Wappingers Falls

845-298-0311

**New Vision Church of Deliverance**

23 West Center St Beacon

845-202-7199

Thursdays and Saturdays

**Salvation Army**

574 Main St Poughkeepsie

845-471-1730

**COMMUNITY AWARENESS/PUBLIC EDUCATION**

**Council on Addiction Prevention and Education (CAPE)**

Fishkill, NY

845-765-8301

**Dept of Behavioral & Community Health**

230 North Road Poughkeepsie

845-486-2760

## **Mental Health America of Dutchess County**

253 Mansion Street Poughkeepsie

845-473-2500

## **NAMI Mid-Hudson**

Poughkeepsie, NY

845-206-9892

# **COUNSELING**

## **Family Services**

29 N Hamilton Street

845-452-1110

## **Hudson Valley Mental Health** Beacon

223 Main Street Beacon

845-838-4900

## **Hudson Valley Mental Health** Poughkeepsie

230 North Road Poughkeepsie

845-486-2703

## **Hudson Valley Mental Health** Dover

7 Market Street Dover

845-486-2703

## **Hudson Valley Mental Health** Millbrook

131 County House Road Millbrook

845-486-2703

## **Hudson Valley Mental Health** Rhinebeck

47 West Market Street Suite 2

845-486-2703

**[NAMI Peer to Peer Program](#)**

130 Hudson Ave – Poughkeepsie Commons, Poughkeepsie

845-206-9892

## **DIAPERS AND FORMULA**

**Birthright**

2 Raymond Ave Poughkeepsie

845-473-1300

**Care Net Pregnancy Center**

226 Church St Poughkeepsie

845-471-9284

**Dutchess Outreach**

29 N Hamilton Street

845-454-3792

## **DEAF OR HEARING IMPAIRED**

**Emergency Sign Language Interpreter Service**

845-797-3799 24-7

**Mid Hudson Interpreter Service**

82 Washington Street Poughkeepsie

845-452-3913 24-7

## **DEVELOPMENTAL DISABILITIES**

**Abilities First**

845-485-9813

**NYS Justice Center for Vulnerable Abuse & Neglect**

855-373-2122 24-7 hotline

**Taconic Resources for Independence**

82 Washington St Poughkeepsie

845-452-3913

**Taconic DDSO Lagrange**

845-452-9220

**Taconic DDSO Wassaic**

845-877-6821

## **DOMESTIC VIOLENCE**

**Domestic Violence**

29 North Hamilton Annex Building

845-485-5550

Non housing counseling

**Grace Smith House**

Poughkeepsie

845-471-3033 24-7

hotline Residential

**House of Faith Ministry Women's shelter**

Wappingers Falls

845-765-0293

**Rape Crisis/Crime Victims Hotline**

29 North Hamilton Annex Building

845-452-7272

## **EATING DISORDERS**

**Mental Health America of Dutchess County**

253 Mansion Street

Poughkeepsie

845-473-2500

**Mid Hudson Addiction Recovery Center**

51 Cannon Street

Poughkeepsie

845-452-8816

**Over Eaters Anonymous**

St Lutherans Church Wilbur Blvd

845-462-5860

## **ELDERLY**

**Alzheimer's Association**

800-272-3900

845-471-2655

[info@alzHUDSONvalley.org](mailto:info@alzHUDSONvalley.org)

**Coalition on Elder Abuse Mediation**

845-471-7213

**Dutchess County Office of the Aging**

27 High Street 845-486-2555

**Eldercare Locator**

800-677-1116

**Friends of Seniors Eastern Dutchess**

845-485-1277

Services for homebound/isolated seniors

**Hudson Valley Home Matters**

Pok, Hyde Park, Lagrange, WF, PV

845-452-4846

Helps seniors stay in their own homes

**MedicAlert & Alzheimer's Association Safe Return**

888-572-8566

[medicalert.org/safereturn](http://medicalert.org/safereturn)

**Parkinson's Support Group**

914-475-2793

**Protective Services DCFS**

60 Market Street Poughkeepsie 845-486-3300 800-342-3009

**FAMILY SUPPORT****Mental Health America of Dutchess**

253 Mansion St Poughkeepsie

845-473-2500 x1330

**NAMI Mid Hudson**

845-206-9892

**People Inc**



126 Innis Ave Poughkeepsie

845-452-2728

## **FOOD PANTRIES**

### **Beulah Baptist Church**

92 Catherine St Poughkeepsie

845-473-1662

MON 6:30PM-9:00PM

### **Community Action Food Pantry**

29 North Hamilton Poughkeepsie

845-471-2522

MON-FRI 8:30AM-4:30PM

### **Dutchess Outreach**

29 N Hamilton St Poughkeepsie

845-454-3792

MON-FRI 8:30AM-11:30 AM

### **Dutchess County Community Action**

84 Cannon St Poughkeepsie

845-452-1758

MON-FRI 9:00 AM to 5:00 PM

### **Fishkill Food Pantry**

1153 Main St 845-896-4546

MON-FRI 9:00AM-12:00 PM

### **HLPC Missions Supper Kitchen**

33 South Clover St Poughkeepsie 845-473-2439

SAT 5:00 PM-7:00 PM

**Hyde Park Food Pantry**

E Market St Hyde Park

845-889-6287

FRI 9:30 AM-11:30 PM

**LunchBox**

29 North Hamilton Poughkeepsie

845-471-2522

MON-FRI 11:15AM-1:00PM,

SUN 1:00PM-2:30PM

**Love Reaches Out Food Pantry**

Lagrange

845-452-4673

WED 10:00AM-2:00 PM

SUN 10-12

**No Strings Attached Food Pantry**

Hopewell Junction

845-227-7832

Deliveries made WED 10-12

**Pleasant Plains Presbyterian Church**

Hollow Road Staatsburg

845-889-4019

**Pleasant Valley Ecumenical Food Pantry**

92 Martin Road Pleasant Valley

845-635-3022

WED 7:00 PM – 8:00 PM

**Reach out and Touch Food Pantry**

100 Cannon St. Poughkeepsie

845-452-1512

TUES 9:30 AM to 12:00 PM

**St Andrews & Lukes Food Pantry**

17 South Ave Beacon

845-831-1369

SAT 10:00AM-11AM

**St Paul's Food Pantry**

161 Mansion St. Poughkeepsie

845-452-8440

TUES, WED, THURS 9:30AM – 12:00 PM

**To God be the Glory Food Pantry**

4 Howard Street, Poughkeepsie

845-452-5525

TUES 1:00 PM to 3:00 PM

**United Methodist Church**

9 South Mesier Avenue Wappingers Falls

845-297-3208

TUES 7:00 PM to 9:00 PM

**Why Hunger Hotline**

1-800-5-HUNGRY

**GRIEF/LOSS SUPPORT**

**Hudson Valley Hospice**

374 Violet Avenue Poughkeepsie

845-485-2273

**HIV/AIDS SERVICES**

**Catharine Street Community Center**

69 Catherine St Poughkeepsie

845-473-2272

**Dutchess County Dept of Health**

29 North Hamilton

845-486-3535

**HIV Counseling/Testing Hotline**

845-486-3408

**PathStone**

29 Marshall Rd Wappingers Falls

845-298-8998

**Planned Parenthood**

17 Noxon Street Poughkeepsie

845-471-1540

**HOMELESS**

### **Hudson River Housing**

Mill Street Poughkeepsie

845-454-5176

transitional, emergency, supportive

### **Hudson River Lodging Lagrange House**

391 Manchester Rd 845-452-0019

After Hours Emergency

### **Webster House**

28 Snow Terrace

845-452-5197

## **PLACEMENT**

### **City of Beacon Housing Authority**

845-831-1289

Low income affordable housing

### **Community Housing Innovations**

Rose St Poughkeepsie

845-790-1441

For men only

### **Dutchess County Community Action Agency**

29 North Hamilton Street Poughkeepsie

845-452-5104

Provides housing assistance

### **Educational Assistance for Homeless Children**

800-388-2014

**Family Services**

29 North Hamilton Street Poughkeepsie

845-452-1110

Provides housing assistance

**Gannett House**

845-452-0019

**MHA Mel's Place**

"Living Room"

29 North Hamilton Street Poughkeepsie

845-473-2500

7:00 AM to 7:00 PM

Homeless Drop in shelter

**Poughkeepsie Housing Authority**

845-485-8862

Low income affordable housing

**River Haven Youth Shelter**

845-454-3600

**IMMIGRATION/MIGRANT SERVICES**

**Catholic Charities**

218 Church St Poughkeepsie

845-452-1400

**Latinos Unidos of the Hudson Valley**

231 William St Newburgh

845-565-4813

**Immigration Hotline**

800-232-2950

**PathStone**

29 Marshall Rd Suite 3F Wappingers

845-298-8998

**INPATIENT PSYCHIATRIC**

**Four Winds**

Katonah

914-763-8151

**Mid Hudson Regional Hospital**

North Road Poughkeepsie

845-431-8892

**NY Presbyterian Hospital**

White Plains

914-682-9100

**Putnam Hospital Center**

Carmel

845-279-5711

**Rockland Psychiatric**

Orangeburgh, NY

845-359-1000

**Rockland Psychiatric (Children's)**

Orangeburgh, NY

845-359-7400

**LGBTQ RESOURCES**

**Hudson Valley LGBTQ Community Center**

300 Wall St Kingston

845-331-5300

**The Trevor Lifeline**

866-488-7386

**OUTPATIENT PSYCHIATRIC**

**Access (PROS) Day Program**

Poughkeepsie

845-240-7707

**Access (PROS) Day Program**

Millbrook

845-605-3542

**Access (PROS) Day Program**

Rhinebeck

845-516-1053

**Astor for Children**

13 Mt Carmel Place

Poughkeepsie

845-452-5965



**Alliance House Crisis Residence**

316 Violet Avenue Poughkeepsie

845-483-3770

**Center for Change (IPRT Program)**

Oakley Street Poughkeepsie

845-486-6330

**Department of Mental Hygiene**

230 North Road Poughkeepsie

845-486-2700

**MHA of Dutchess Care Management**

253 Mansion Street

845-473-2500 X3001

**MHA (PROS) Day Program**

Beacon

845-831-2124

**Mobile Crisis Intervention Team**

230 North Road Poughkeepsie

845-486-2700

**POSITIVE YOUTH DEVELOPMENT PROGRAMS**

**Big Brothers Big Sisters**

84 Cannon St

Poughkeepsie

845-452-5104 x138

**Boy Scouts Hudson Valley Council**

6 Jeanne Dr Newburgh

845-566-7300

**Brother 2 Brother**

54 Noxon St Poughkeepsie

845-456-7647

**Children's Media Project**

42 Catharine St Poughkeepsie

845-485-4480

**Cornell Cooperative/Green Tea Gardening Program**

23 West Center St Beacon

845-831-4287

**Cornell Cooperative 4-H Youth Development**

2715 Route 44 Millbrook

845-677-8223 x114

**DIVAS of Sister 2 Sister**

54 Noxon St Poughkeepsie

845-456-1792

**Education Enrichment Program Beacon Comm Resource**

23 West Center St Beacon

845-440-3531

**Family Services After School Program**

29 N Hamilton St Poughkeepsie

845-452-1110 x3297

**Family Services Teen Resource Activity Center (TRAC)**

29 N Hamilton St Poughkeepsie

845-452-1110 x3505

**Girl Scouts**

3 Neptune Rd Poughkeepsie

845-452-1810

**Mill Street Loft**

45 Pershing Ave Poughkeepsie

845-471-7477

**New Hope Community Center**

221 Smith St Poughkeepsie

845-485-8862 x115

**Nubian Directions**

248 Main Street Poughkeepsie

845-452-8574

## **SUBSTANCE ABUSE**

**Alateen**

845-452-2666

**Alcoholics Anonymous**

845-452-1111

**Arms Acres**

75 Seminary Hill Road Carmel

845-225-3400

**Cornerstone of Rhinebeck**

845-266-3481

Detoxification Services

**Daytop Village Rhinebeck**

718-474-3800

Intensive Residential

**Dutchess County Stop DWI**

1351 Route 55 Lagrangeville

845-486-3648

**Friends of Recovery**

Fishkill, NY

845-765-8301 x110

**Lexington Center of Recovery**

Many Locations

845-485-9700

Outpatient

**MARC Midhudson Addiction Recovery Center**

51 Cannon St Poughkeepsie

845-452-8816

**Narcotics Anonymous**

845-431-9011

**NYS Dept of Health**

877-8-HOPENY

**R.C. Ward Treatment Center**

Middletown

845-341-2500

Inpatient Rehab

**Saint Christopher's Inn Garrison**

800-424-0027

**Turning Point Mid Hudson Regional**

845-483-5100

## **SUICIDE**

**American Foundation for Suicide Prevention**

Lagrangeville NY

914-610-9156

Education and Prevention

hudsonvalleyny@afsp.org

**Dutchess County Talk or Text**

845-485-9700

**National Suicide Prevention LifeLine**

1-800-273-TALK

## **VETERANS**

**Castle Point**

41 Castle Point Rd Wappingers

845-831-2000

**FDR Campus of VA Hospital**

Montrose 914-737-4400

PTSD use extension 3873

**Hudson River Housing Mill Street**

Poughkeepsie

845-454-5176

Homeless or At Risk Vets

**Poughkeepsie Community Clinic**

488 Freedom Plains Rd

845-452-5151

**Veteran's Crisis Line**

800-273-8255 Press 1

Text 838255

**VOCATIONAL PROGRAMS**

**Access V-R**

845-452-5325

**Dutchess ARC Amenia**

373-9656

**Dutchess ARC Pleasant Valley**

845-635-8084

**Dutchess ARC Lagrange**

845-471-8876

**Gateway Community Industries**

Kingston

845-331-1261

**People Inc**

126 Innis Ave Poughkeepsie

845-452-2728

**SPEAK OUT**

Self Advocacy Group

845-473-3000

**Taconic DDSO**

845-452-9220

**YOUTH**

**Adolescent Intensive Outpatient Program (AIOP)**

845-431-8287

**Alateen**

845-452-2666

**Anti-Bullying Mediation of Dutchess County**

147 Union Street Poughkeepsie

845-471-7213

**Astor**

13 Mt Carmel Pl Poughkeepsie

845-452-5965

**Berkshire Farm Center and Service for Youth**

237 Hooker Ave Poughkeepsie

845-232-5743

**Center for Prevention of Child Abuse**

845-454-0595

**Dutchess County Early Intervention**

845-486-3518

**Dutchess County Talk or Text**

845-485-9700

**Dutchess Intensive Day Treatment (IDT)**

BOCES BETA School

845-486-4944

**MHA CASA Court appointed Special Advocates**

253 Mansion Street Poughkeepsie, NY

845-473-2500 x1323

Contact Desiree King

**MHA Young Adult Transition Program**

253 Mansion Street Poughkeepsie, NY

845-473-2500 x1302

**Mediation**

147 Union Street Poughkeepsie

845-471-7213

Custody & Visitation Support

**PINS**

50 Market St Poughkeepsie



845-486-2600

**PathStone**

29 Marshall Rd 3F Wappingers

845-298-8998

**River Haven**

845-454-3600

**River Haven Independent Living Program**

845-454-2300

**Sibling Support Program (MHA)**

253 Mansion Street Poughkeepsie, NY

845-473-2500 x1324

Contact Julie Simpson